



OVERSTREET, WHITE, DUNEGAN

— LTD —

EXCELLENCE IN PERIODONTICS AND DENTAL IMPLANT SURGERY

ORAL SEDATION PRE-OPERATIVE INSTRUCTION CHECKLIST

If you are having oral (pill form) sedation for your surgical procedure, please review and follow these PRE-OPERATIVE instructions:

- **Your oral sedation medication is dispensed by your pharmacy. PLEASE CALL THE OFFICE AT LEAST 1 WEEK BEFORE SURGERY TO HAVE THE DR CALL IN YOUR MEDICATION TO PICK UP AND TAKE BEFORE THE SURGERY**
- **For pediatric patients (<16 years old) – please arrive at the office 1 hour prior to your scheduled surgery to take the medication at the office –**DO NOT TAKE AT HOME**. For adult patients, please take at home 1 hour prior to your arrival and have a driver bring you.**
- You must have an adult driver present who will be responsible for escorting you home after your surgery. The driver must stay at the office during the procedure.
- Full mental alertness will not return for several hours after the procedure; therefore, for at least 24 hours you will not be able to:
 - a. Drive a car, motorcycle, or operate heavy machinery
 - b. Undertake business matters
 - c. Drink alcoholic beverages
- **Do not eat or drink for six (6) hours prior to your appointment.** You may have clear liquids up to 2 hours before. Please hydrate well the day before your appointment.
- Wear loose, comfortable clothing with a short-sleeve shirt. Do not wear heavy eye makeup or false eyelashes. Remove contact lenses and nail polish.
- If there are any changes in your medical history or medications prior to surgery, please make us aware. If you are taking daily medication like insulin and blood pressure medicine continue to take these medications in your regular dosage unless otherwise instructed by your doctor. You may take sips of water to swallow pills.

You will receive post-operative instructions verbally and in writing at the time of dismissal. If you have any questions, please feel free to contact us at (804) 355-6593 (Grove Avenue Office) or (804) 794-7094 (Polo Place Office).

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