



IV SEDATION PRE-OPERATIVE INSTRUCTION CHECKLIST

If you are having IV (intravenous form) sedation for your surgical procedure, please review and follow these PRE-OPERATIVE instructions:

- You must have an adult driver present who will be responsible for escorting you home after your surgery. The driver must stay at the office during the procedure.
- Full mental alertness will not return for several hours after the procedure; therefore, for at least 24 hours you will not be able to:
 - a. Drive a car, motorcycle, or operate heavy machinery
 - b. Undertake business matters
 - c. Drink alcoholic beverages
- **Do not eat or drink for six (6) hours prior to your appointment.** You may have clear liquids up to 2 hours before. Please hydrate well the day before your appointment.
- Wear loose, comfortable clothing with a short-sleeve shirt. Do not wear heavy eye makeup or false eyelashes. Remove contact lenses and nail polish.
- If there are any changes in your medical history or medications prior to surgery, please make us aware. If you are taking daily medication like insulin and blood pressure medicine continue to take these medications in your regular dosage unless otherwise instructed by your doctor. You may take sips of water to swallow pills.
- Depending on the procedure, a prescription may be called in prior to or shortly after the procedure, please pick it up and take as directed. If antibiotics are prescribed, take all of the medication as directed and do not skip doses.
- Plan to take the day of surgery off from work - medications have a light narcotic mixture so it will affect your driving response and you will need to apply ice to the surgical site.

You will receive post-operative instructions verbally and in writing at the time of dismissal. If you have any questions, please feel free to contact us at (804) 355-6593 (Grove Avenue Office) or (804) 794-7094 (Polo Place Office).

Ben T. Overstreet, DDS, MS • John H. White, DDS, MSD • Kara Dunegan Gilliam DDS, MS • Denver J. Lyons, DDS, MSD

4909 Grove Avenue • Richmond, VA 23226

T 804 355 6593 • F 804 358 6394

11301-B Polo Place • Midlothian, VA 23113

T 804 794 7094 • F 804 794 9858